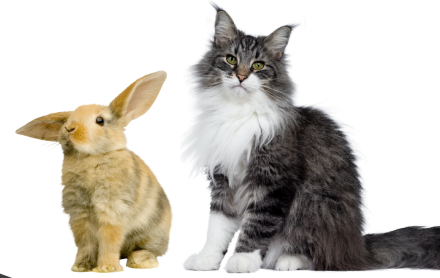




KID'S CORNER NEWSLETTER

Sept 2026



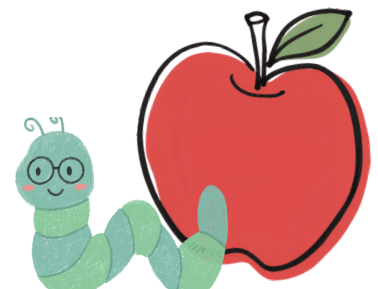
Name: Ace
Age: 2 years
Sex: Neutered male
Breed: Mixed (medium)
Likes: Hikes, playing ball,
other dogs and people!

**ADOPTABLE
ANIMAL
SPOTLIGHT!**

Name: Pistachio and Cashew
Age: 3 years
Sex: Neutered Male/Female
Breed: American
Likes: Fresh veggies, lots of
hay and gentle humans!



Name: Shogun
Age: 2 years
Sex: Neutered Male
Breed: Akita
Likes: Toys, friends, fun and
walks in the woods!



Visit www.rescueleague.org for more information on animals and programming!

September is
Happy Cat
Month!



Happy Cat Month is about meeting
the needs of cats!

Like humans, cats need love and care to be
healthy and happy.

How to make your cat happy

- **Vetcare**

- Cats need annual vet check-ups, vaccines, flea and tick care, and care when they are sick

- **Nutrition**

- Feed a healthy diet matching your cat's age and needs. Avoid overfeeding, limit treats, and provide lots of fresh water

- **Exercise**

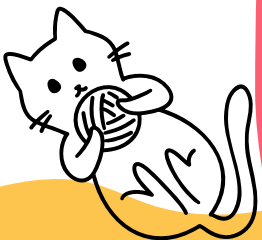
- Tunnels, spaces to climb, wand toys, and catnip toys can encourage exercise inside! If using a laser pointer, give something to "catch" at the end!

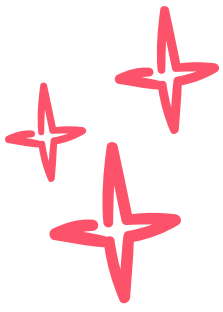
- **Living space**

- Give soft beds, climbing spaces, hides, and clean litter boxes

- **Love**

- Some cats love pets, brushing, or being held. Others prefer play to bond with their humans!





GIVE BACK TO YOUR CAT FOR HAPPY CAT MONTH!

Excited to celebrate Happy Cat Month with your cat?! Here are a few ways to start. Make this the best Happy Cat Month ever!

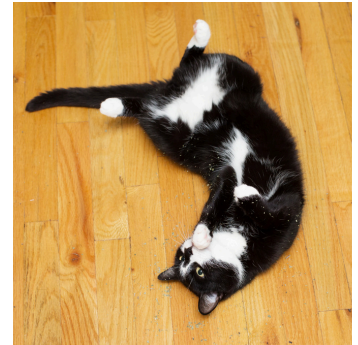
1 Play with your cat! Use their favorite toys, catnip, make a scavenger hunt or make them a food puzzle

2 Check if your cat is up to date on their vet exams, boosters and flea and tick

3 Ask your parents to help you brush your cat! What type of brush do they like?

4 Ask if your cat needs a nail trim. Cats often dislike trims, but they need them to remain comfortable and healthy

5 "Catify" your home: give your cat spaces to climb, hide, soft beds and toys



Did you know they make puzzles for cats?

DID YOU KNOW?

Fun food puzzles for your cat:

Lick mats



Lick mats are an easy place to start! They are used for wet food, tuna or any wet treat. Most cats like them!

Interactive puzzles can be hard. Some are harder than others. They are usually used for kibble or dry treats



Interactive puzzles

Slotted dishes



Slotted dishes are also easy! They are usually used for dry food a (sometimes wet too)

Snuffle mats can be challenging. They are used by hiding kibble or dry treats inside!



Snuffle mats

Wobblers, eggs and treat balls



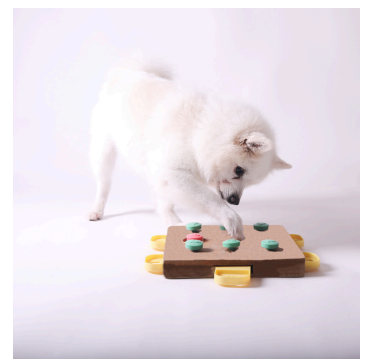
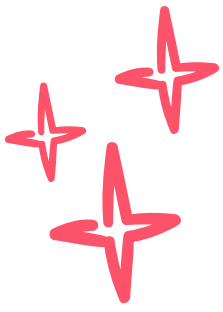
Wobblers, eggs and treat balls can be a challenge (some cats prefer lick mats). They are filled with kibble or dry treats

Kongs can be difficult. They are usually used for wet food but can be used for dry



Kongs

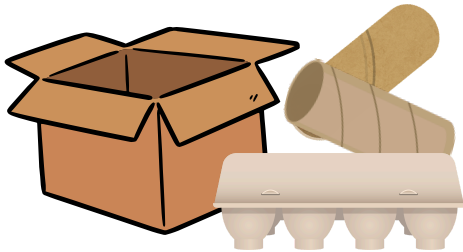
Tip: make your own puzzle by putting kibble in a cardboard box!



DO NOT HAVE A CAT? CELEBRATE YOUR OTHER PETS THIS MONTH

How?

For a bunny or guinea pig, make a foraging puzzle. Stuff a plain cardboard box, (unscented) toilet or paper towel rolls or egg cartons with timothy hay and a **bit** of treats!



For a dog, help your parents take them for extra walks. Go to new places. Or make your dog a food puzzle with your parents. Always have a parent's help to prepare food puzzles for dogs and never take foods items from a dog!



You can also celebrate shelter pets!

Donation drives



Make small animal puzzles mostly hay with a bit of treats



Dog biscuits!



Small animal foraging puzzles!

Ways to give back to shelter pets

1

Gather donations. Check out our **donation page** and our **wishlist** !

2

Bake (limited-ingredient) dog biscuits! Add a list of ingredients, please

3

Make bunny and guinea pig foraging puzzles with toilet paper and paper towel rolls, brown paper and cardboard boxes

4

Make our cats a few hide boxes and help them feel safe by with a place to hide!

Hide boxes



5

Make shelter pets tie blankets



6

Have a wonderful pet from a shelter? Tell people their story so people will want to adopt!!





TALES FOR TAILS READING PROGRAM

Love reading? Come on by and read to our shelter pets as they await adoption day!

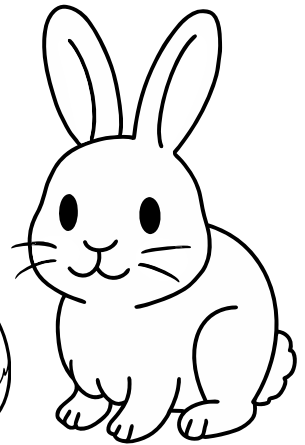
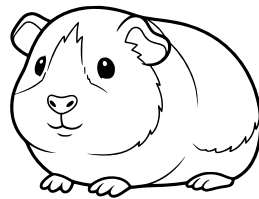
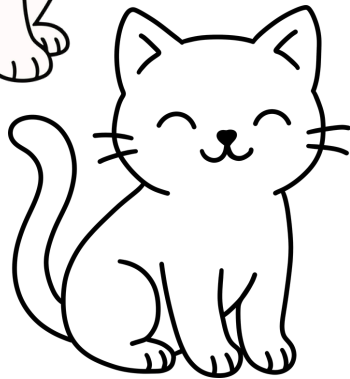
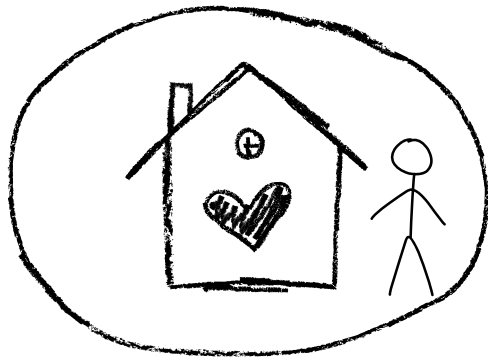
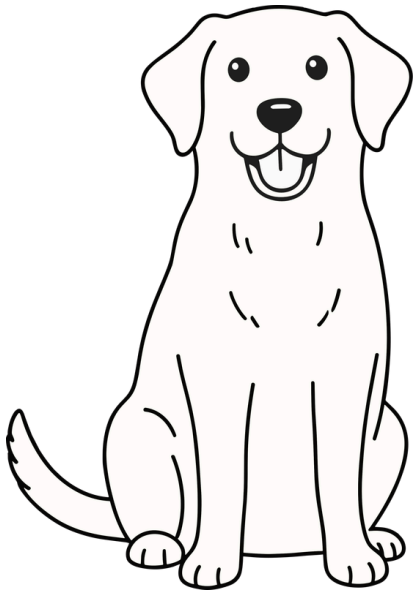
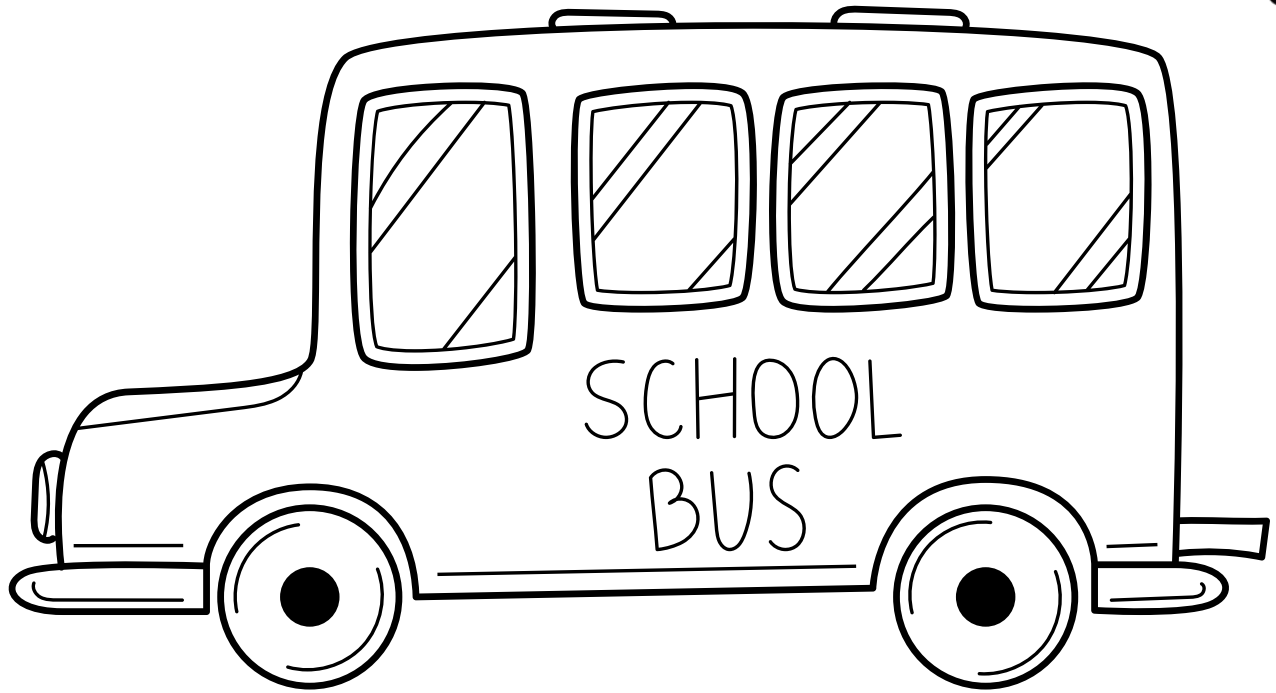


*Hours available Sunday, Monday, Tuesday,
Wednesday, Thursday and Friday*



Scan me





CAT PUZZLE



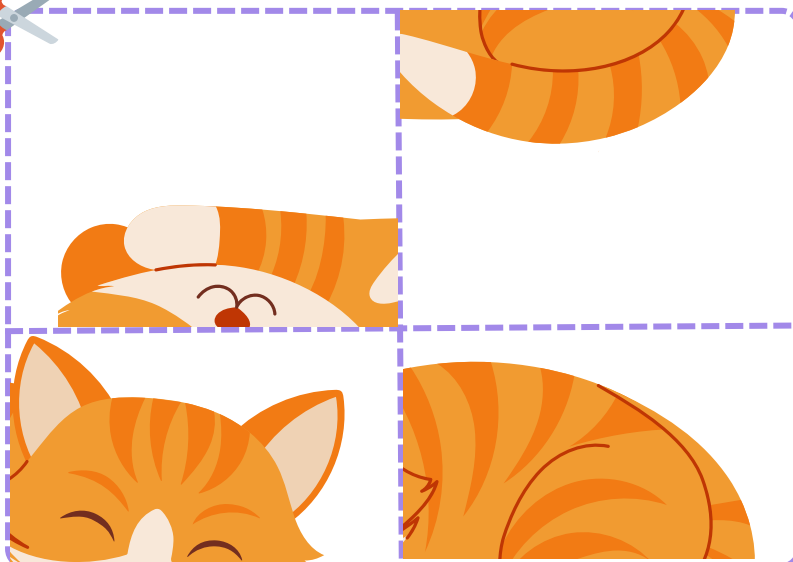
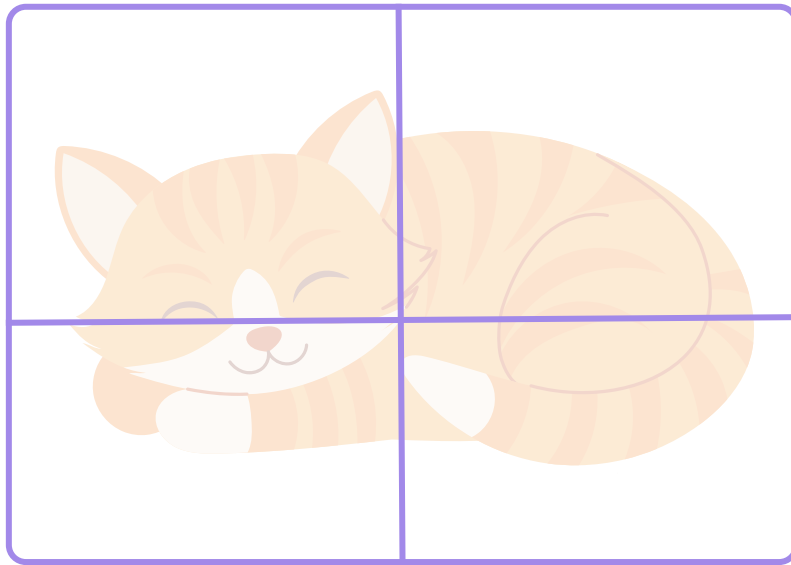
Name : _____

Class : _____



DIRECTION :

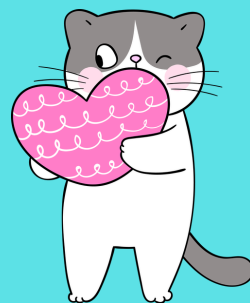
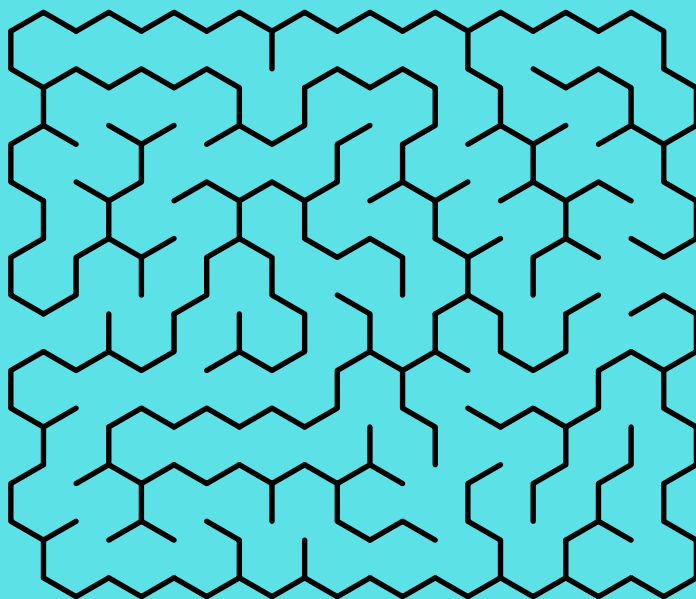
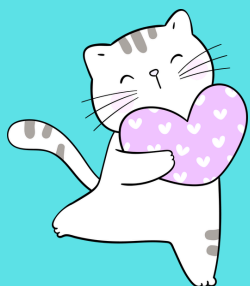
Cut along the dotted lines to separate the puzzle pieces. Then, carefully match and glue the pieces in the correct order to complete the picture.



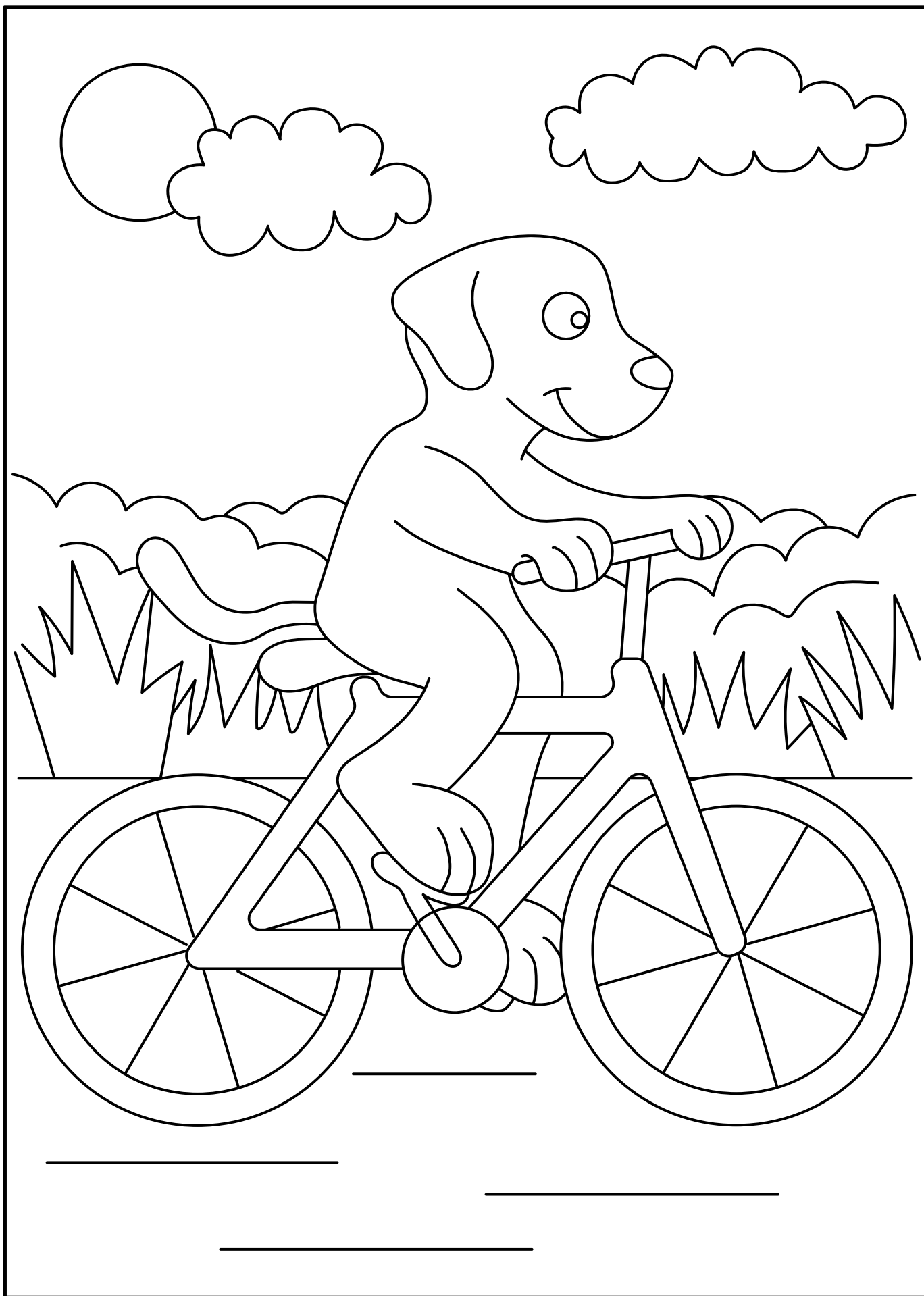


Help these bonded cats find each other so they will be happy! 😊

**Happy
Cat
Month
Maze!**



At the shelter, cats who love each other always go home together!





Visit Us!

Tales for Tails Reading Program

Schedule a time for your child to come and read to a shelter pet!

Tales for Tails is a humane education program where children can practice reading skills in a fun environment!

The reading program also offers opportunities to foster empathy and compassion in children while benefitting shelter pets by providing them with companionship and opportunities for socialization as they await adoption.

The program is offered Monday, Tuesday, Wednesday, Thursday, Friday and Sunday for children of all ages and can be scheduled by scanning the QR Code below or by visiting rescueleague.org/humane-ed!



Scan the QR Code
for more info and
to schedule



animal
rescue
league

NH

www.rescueleague.org



545 Route 101 Bedford, NH
23

November

Pet Rock Adoption Event CRAFT AND STORYHOUR

In honor of the holiday season, kids can come decorate their very own pet rock to "adopt," learn about pet adoption, and how to meet our unique pet's needs.

TICKET INCLUDES:

- one unique pet rock!
- pet rock craft workshop
- humane education lesson about adoption and responsible pet ownership
- story read by one of our Humane Educators

1:00 - 2:30 PM | \$15 per ticket

rescueleague.org



SCAN ME



Pawsitive Helpers

A hands-on humane
education learning event!

**Saturday, Nov. 28th,
from 9am -12pm**

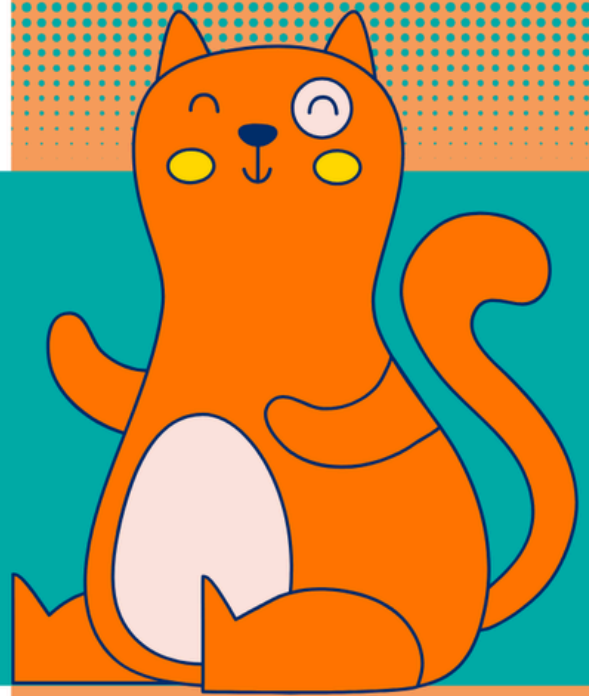
Open to youth ages 9-13 years

\$25 fee/ attendee

**Programming
run by ARLNH
humane
educator!**



If you are interested in registering your child,
please scan this code for more information.



Pawsitive Helpers is an event that offers youth the opportunity to spend time at the ARLNH learning about and experiencing animal welfare hands-on.

Session Activities

- ☐ Shelter Tour
- ☐ Humane Ed. Lesson
- ☐ Guided Small Animal Care
- ☐ Animal Interactions
- ☐ Enrichment/Craft Project

SCAN ME





9TH ANNUAL

HOWLOWEEN

5K

RUN/WALK



BENEFITING THE ANIMAL RESCUE LEAGUE OF NEW HAMPSHIRE



SATURDAY,
OCTOBER 17, 2026



MANCHESTER, NH

REGISTER TODAY!



rescueleague.org/howloween5k



**DEADLINE TO REGISTER
FOR A FREE RACE TEE:
SEPTEMBER 10!**



WITH OR WITHOUT YOUR DOG!



**AWARD WINNING EVENT
BEST OF THE 603**

Thank you to our sponsors!

