

DECEMBER 2025













## December is National Cat Lover Month!

In honor of Cat Lover Month, you knead to take a meow-ment to read these paw-some facts!



- 1. **Every cat's nose print is unique.** Just like a human's fingerprint, a cat's nose has a one-of-a-kind pattern of bumps and ridges that is totally unique to it alone.
- 2. **Cats can't taste sweetness.** Cats are carnivores with taste buds that reflect their dietary requirements. They can't detect sweetness at all since they lack sugar receptors.
- 3. Calico and tortoiseshell cats are almost always female. It's all down to the X chromosome. Only female cats (with two X chromosomes) can display both orange and black patches.
- 4. A cat's purr may have healing powers. A cat's purr vibrates between 25 and 150 hertz—a frequency range shown to promote tissue and bone healing.
- 5. Whiskers are high-tech sensors. Whiskers can detect subtle changes in the air, helping cats move confidently and accurately even when they find themselves navigating in darkness or in tight spaces.

## EASY CAT ENRICHMENT DIY ACTIVITIES

#### **CAT TOY WANDS**

Materials:

Wooden Dowel

Bells

Fabric scraps – ribbons, clean shoelaces, yarn, etc.

Scissors

Optional: Baker's Twine or similar to cover the dowel

and Fabric Glue



#### Instructions:

- 1. To make your wand look "irresistible", begin by wrapping the plain wooden dowel with Baker's Twine. When you finish wrapping the dowel, leave an excess amount (10-12 inches) so that you can tie your fabric scraps to the end. Use a small amount of fabric glue to secure the twine to the dowel, so that it doesn't unravel. OR
- 2. Drill a small hole in one end of the wooden dowel and thread a long piece of the Baker's Twine through the hole. Tie the twine in a knot to secure it to the wooden dowel.
- 3. Take all of your fabric scraps and tie them to the end of the Baker's Twine.
- 4. Select different scraps of fabric and tie on the jingle bells for added fun!

#### **CAT PUZZLES**

#### Materials:

Toilet paper or paper towel rolls Empty square or rectangular tissue box or a shoe box Hot glue gun Scissors



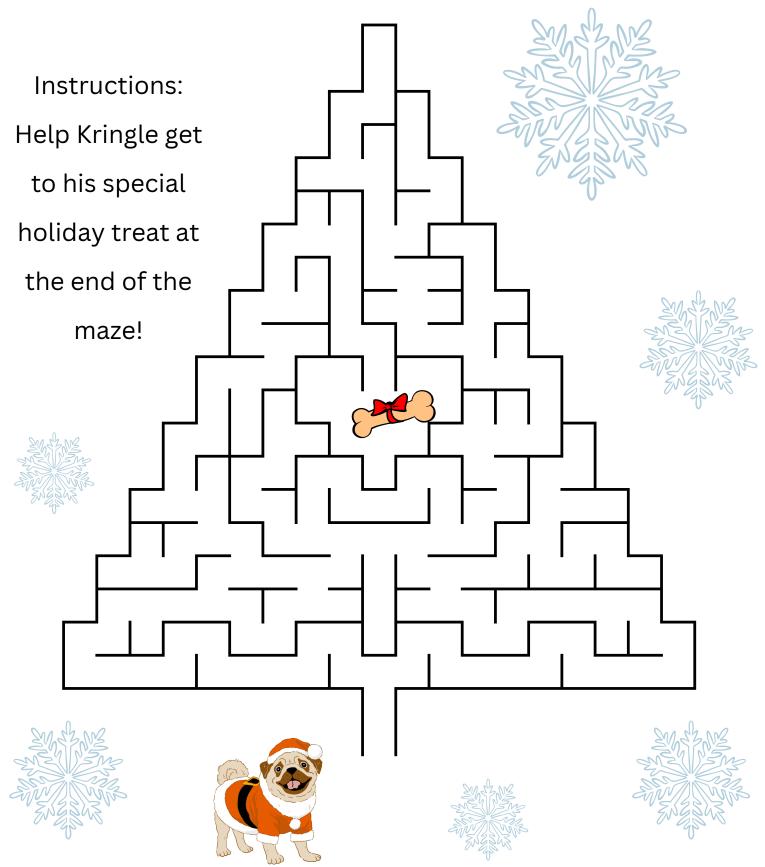
#### Instructions:

- 1. If using a tissue box, cut off the top so that the box is open.
- 2. Cut the tubes to the same length as the height of the box if needed.
- 3. Place the tubes in the box, gluing each one in place as you go. Continue until the box is filled snugly with the tubes.
- 4. Deliver to the shelter, and we will fill the tubes with treats to keep our cats busy and entertained!



# Holiday Mazel





## SPOT THE DIFFERENCE

#### **CIRCLE THE DIFFERENCES YOU SEE!**







### 5 Ways to Keep Your Pet Safe This Holiday



**AVOID TABLE SCRAPS** FATTY FOODS, RAISINS, SEASONING, DOUGH, ONIONS, BONES



SKIP THE SWEETS CHOCOLATE, XYLITOL, MACADAMIA, NUTS, NUTMEG,

CINNAMON



#2 Decorations

animal

rescue

MAKE SURE CHRISTMAS T TREES ARE SECURED AND HOLIDAY DECORATIONS LIKE ORNAMENTS AND TINSEL THAT CAN BE SEEN AS TREATS, ARE OUT OF REACH.





FESTIVE PLANTS AND SEASONAL FLOWERS ARE COMMON DURING THE HOLIDAYS, BUT ALSO TOXIC TO PETS. AVOID MISTLETOE, HOLLY, AND POINSETTIAS.



#4 Safe Space



BE SURE YOUR PET HAS ACCESS TO A QUIET, SAFE SPACE, SHOULD THEY WANT SOME ALONE TIME. SET UP A ROOM WITH THEIR FAVORITE BED, BLANKETS, AND TOYS.





NOTIFY GUESTS OF PETS.BE AWARE WHEN GOING IN AND OUT.MAKE SURE ALL DOORS ARE SECURE.



















# Color me!





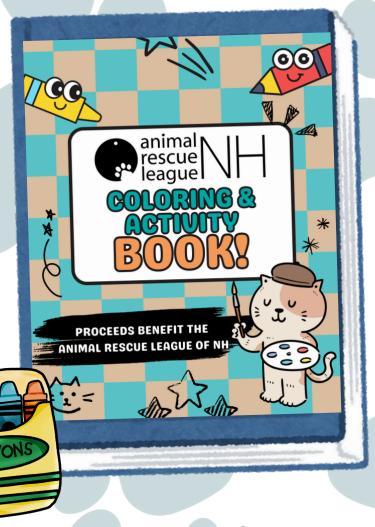
### Our Book of the Month!



Squirrel and Bird are back, and this time it's winter! But squirrel has never seen snow before. Will he like it? You bet he will! Except, just as Squirrel starts to get used to the snow, it disappears. Is there a snow thief on the loose? With vibrant art and captivating characters, the magic of winter is captured beautifully on each page as readers tag along Squirrel's forest adventure. Is there truly a snow thief on the loose, or is something else going on in Squirrel's forest? A perfect exploration of change—both seasonal, and the anxiety that change sometimes causes.

# ANIMAL RESCUE LEAGUE OF NH COLORING & ACTIVITY BOOK

PROCEEDS BENEFIT THE ANIMAL RESCUELEAGUE OF NH





SCAN TO PURCHASE!







READING TO SHELTER PETS,
COCOA STATION, CRAFTS,
GAMES, COOKIE
DECORATING, HOLIDAY
MUSIC AND MORE!
DON'T FORGET TO WEAR
YOUR COZY PJ'S!

## DECEMBER 20TH

5-7PM









FOR AGES

6-12

animal

rescue l league

ANIMAL RESCUE LEAGUE OF NH 545 ROUTE 101, BEDFORD, NH 03110

## Tales for Tails!

LOVE READING? COME ON BY AND READ TO OUR SHELTER PETS AS THEY AWAIT ADOPTION DAY!





Sign up at:

https://calendly.com/csilva-5ti/tales-for-tails





