### ARL's Kids Corner Newsletter





## September is Happy Cat Month, here are some ideas for helping cats feel happy!



Cats love catnip! You can buy catnip at the pet store, or even grow your own!

Some cats love to play with cat wands, its a great workout for you and your cat!





Lots of cats love cardboard boxes.

Get creative and build a box fort
for your cat! You can even
sprinkle catnip and treats inside
to make it more interesting.

### All about Hamsters!

Syrian hamsters are sometimes known as golden hamsters.

Their name in Arabic roughly translates to "Mister Saddlebags", due to how much food they store in their cheeks. Isn't that cute?

How long do syrian hamsters live?

2-3 Years

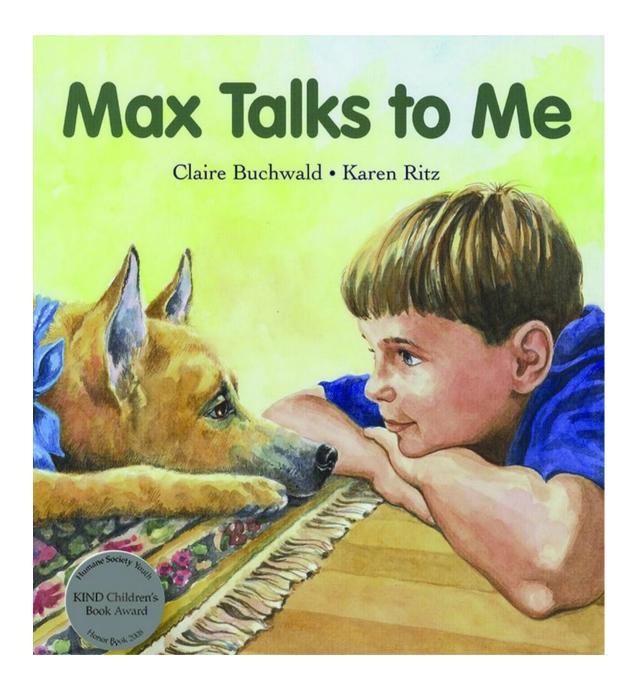
Hamsters are nocturnal, which means they sleep during the day and become active at night!





Hamster teeth are constantly growing, which is why they need to gnaw on toys so much!

#### Our Book of the Month!



Alex and his dog, Max, are true friends- the kind that share each other's excitement, comfort each other when they are sad, wait together when parents are away, and have fun wherever they are. Alex is learning that every good relationship is a mutual one.



TO BENEFIT THE ANIMAL RESCUE LEAGUE OF NH

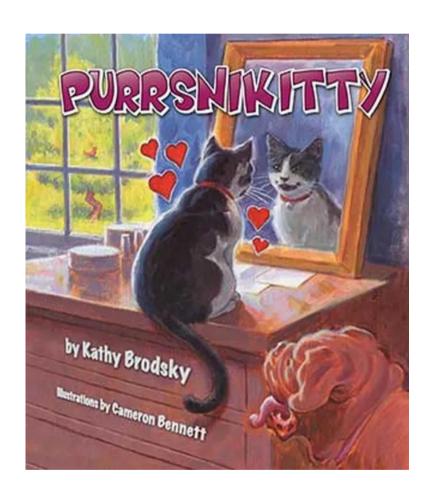
OCTOBER 21, 2023

Do you like to run or walk? Do you love Halloween, and pets in costumes? Then you will love our Howl-o-ween 5k!

Ask your parent to sign you up at https://www.rescueleague.org/howloween5k

## Tales for Tails!

# LOVE READING? COME ON BY AND READ TO OUR SHELTER PETS AS THEY AWAIT ADOPTION DAY!



Sign up at: calendly.com/arl-ed